

Privacy statement

This privacy statement describes how we handle the information and personal data that you provide when you fill in the questionnaire.

Your personal data will be processed by:

- The Trimbos Institute
Da Costakade 45
3521 VS Utrecht
Telephone number: 030 2971100
Email: info@trimbos.nl
- The National Institute for Public Health and the Environment (hereafter: "RIVM")
Antonie van Leeuwenhoeklaan 9
3721 MA Bilthoven
Telephone number: 088 6898989
Email: info@rivm.nl
- The Association of GGDs (Regional Public Health Services) and GHOR (Regional Medical Emergency Preparedness and Planning) offices in the Netherlands (hereafter: "GGD GHOR Nederland")
Zwarte Woud 2
3524 SJ Utrecht
Telephone number: 030 2523004
Email: postbus@ggdghor.nl

Hereafter jointly referred to as "the research institutes".

If after reading this privacy statement you have any questions about how the research institutes will handle your personal data, or if you wish to exercise your rights under the General Data Protection Regulations (hereafter: "GDPR"), as described below, please contact us at studentenmonitor@trimbos.nl.

If you wish to submit a complaint regarding the use of your personal data, please contact the data protection officer ("DPO") at the Trimbos Institute at fg@trimbos.nl, the DPO at GGD GHOR Nederland at fg@ggdghor.nl or the Privacy Officer at RIVM at avg-rivm@rivm.nl.

If you are not satisfied with the way in which your complaint was handled, or if you prefer not to submit your complaint to one of the research institutes, you may also submit your complaint to the Dutch Data Protection Authority at <https://autoriteitpersoonsgegevens.nl/nl/zelf-doen/gebruik-uw-privacyrechten/klacht-melden-bij-de-ap>.

For more information on how the research institutes handle personal data, we refer you to:

- the privacy statement of the Trimbos Institute, at www.trimbos.nl/privacy;
- the privacy statement of RIVM, at [Privacyverklaring RIVM | RIVM](#), and/or;
- the privacy statement of GGD GHOR Nederland, at [Privacyverklaringen – GGD GHOR Nederland](#).

The information in this privacy statement answers the following questions:

1. [Who is responsible for processing your personal data?](#)
2. [What personal data do we collect and why?](#)
3. [On what legal basis will your personal data be processed?](#)
4. [How long will we store your data for?](#)
5. [Who will we share your data with?](#)
6. [How will we protect your personal data?](#)
7. [What are your rights?](#)

1. Who is responsible for processing your personal data?

We, the research institutes, are jointly responsible for processing your personal data, and will take the utmost care in doing so. We will do all that we can to protect your personal data and to handle it with care. We are obliged to comply with the privacy regulations under the GDPR and other laws and regulations.

2. What personal data do we collect and why?

Once you have consented to participation in the monitor, you may complete the questionnaire.

When you fill in the questionnaire, we receive the following information:

- socio-demographic characteristics, such as your age and living arrangements;
- study-related characteristics, such as your degree programme and any student loan;
- information concerning your mental health, such as stress or resilience or feeling 'down' or anxious (this may be health data, or sensitive personal data);
- information on substance use, such as whether you drink alcohol, smoke and/or take drugs (this may be health data, or sensitive personal data);
- information on support or advice received for mental health issues or substance use, for example whether you have received professional help for these (this may be health data, or sensitive personal data).

An example of the 2023 Mental Health and Substance Use Monitor for students in higher education can be requested by sending a mail to studentenmonitor@trimbos.nl.

We use the information that you provide to analyse the characteristics of the group of higher education students, to determine the mental health and substance use of higher education students in the Netherlands and to examine which factors affect these. Based on the results, policy and appropriate initiatives can be developed for students.

We will not ask for or have access to any contact details such as your name or address or your date of birth. At no point will it be possible to directly link the answers that you provide to you.

The monitor results will be reported at the group level to the commissioning ministries (in the form of a national report that will then be published on the internet), the participating universities (in the form of an internal report for each university) and the municipalities (in the form of a fact sheet for each municipality). By reporting at the group level, none of these bodies will be able to use the monitor results to identify you or any other individual participant in the monitor.

If you wish to take part in the prize draw, you are required to provide your student email address at the end of the questionnaire. A third party, Research 2Evolve (ICT provider of the questionnaire software), will use the email addresses to draw the winners and to send them their prizes. The email addresses will be stored separately from the survey data, so that the answers that you provide cannot be linked to your student email address. The email addresses will be erased after the prize draw, and the research institutes will at no time have access to these.

3. On what legal basis will your personal data be processed?

GGD GHOR Nederland and the Trimbos Institute will process your personal data on the basis of your express consent. If you consent to participation in the monitor, RIVM will process your personal data on the basis of the performance of its statutory task.¹

Despite the different legal bases for processing, all personal data is processed in the same way.

The prizes will be drawn from all of the submitted student email addresses and sent by email to the email addresses provided. This personal data will be processed on the basis of consent. You may decide not to provide your student email address, in which case you will not take part in the prize draw and will not be able to win a prize. You may however take part in the monitor.

¹ The legal basis for RIVM to process your personal data lies in the performance of its statutory task (Article 6, paragraph 1, subparagraph e of the GDPR and Article 3, paragraph 1, subparagraph a of the RIVM Act (*Wet op het RIVM*)).

4. How long will we store your data for?

The three research institutes will each store the survey data for a maximum of ten years following completion of the monitor. Applicable guidelines state that it must be possible to verify survey data and compare it to the results of future follow-up surveys (to determine whether and to what extent changes have taken place). To see who will store which datasets, see 5., below.

The student email address provided by you to Research 2Evolve for participation in the prize draw will be erased by Research 2Evolve once the prize draw has ended.

5. Who will we share your data with?

The online questionnaire will be designed, created and sent using licensed Research 2Evolve software. Your answers will be temporarily stored on Research 2Evolve servers in the Netherlands and will at no time leave the Netherlands. On completion of the data collection phase, the researchers at the Trimbos Institute will be sent the data (the raw dataset) using a secure connection. The Trimbos Institute will then send a pseudonymised dataset to the researchers at RIVM and GGD GHOR Nederland. Research 2Evolve will store a backup of the survey data for a further two months, after which it will be erased.

Agreements have been drawn up with Research 2Evolve (in a processor agreement) to ensure that it applies the same minimum level of security and confidentiality as that applied by the research institutes.

The survey data may be required for other studies relating to the mental health or substance use *of students*. We require your consent for follow-up MMMS research by the participating researchers or for other research carried out by the research institutes that builds on this survey. You can provide this consent by ticking the relevant box on the consent statement.

Note that the survey data will not be used for commercial purposes.

Finally: the survey data will explicitly not be shared with the commissioning bodies (ministries), universities and municipalities. These bodies will receive a report with the results presented at the group level, so that they will be unable to identify individual persons.

6. How will we protect your personal data?

We will take every measure to ensure that the answers that you provide cannot be used to identify you directly, also by us. We do this by not processing any personal data that can be used to identify you directly. We therefore do not ask for your name, address or date of birth, for example. The survey data is also processed (pseudonymised) before being analysed by the researchers. We do this by recoding the data in such a way that it is highly unlikely that it can be used to identify you. This is an important measure to protect your privacy.

We have taken the required technical and organisational security measures to protect your personal data from loss, misuse or unauthorised access by third parties. For example, the data is stored on a secure server and only the participating researchers from the three research institutes have access to the survey data. Furthermore, we require that our ICT provider, Research 2Evolve, takes similar technical and organisational security measures.

7. What are your rights?

You have the right to withdraw your consent at any time. Use of your personal data is permitted until the moment at which you withdraw your consent.

You may withdraw your consent by sending an email to studentenmonitor@trimbos.nl. We are obliged to honour this request. If we are able to find your unique data in our database, we will erase your data from the database within four weeks. Note that the invitation email contains the same link for every student at your university (to protect your privacy). It is therefore highly likely that we will be unable to identify your data and to erase it from the database.

You also have the right, as far as it is possible to ascertain which questionnaire belongs to you based on additional information provided by you and without requiring a disproportionate effort to be made:

- a. of access to your personal data and receipt of a copy of it;
- b. to rectification of your personal data if it is inaccurate or incomplete;
- c. in certain cases, to object to or restrict processing of your personal data;
- d. in certain cases, to erasure of your personal data ('right to be forgotten'), for example if you withdraw your consent to the use of your personal data;
- e. to receive your personal data in a structured, commonly used and machine-readable format and to transfer your data to another party.

[For more information, see Articles 15 to 20 of the GDPR or the Dutch Data Protection Authority website via link.](#)

You may exercise your rights by sending an email to one of the monitor researchers at: studentenmonitor@trimbos.nl.